

23rd Annual Big Mountain Run

Whitefish, MT

Saturday, August 21, 2010, 9:15 am

Run or hike the Danny On Trail, climbing 2,200 vertical feet in 3.8 miles to the summit of Big Mountain. to benefit the Glacier Nordic Ski Team.

NEW - Dogs are invited to race (with a human) with prizes for fastest Dam and Sire. Dogs must be on a leash.

Event participants will be allowed to ride the lift down for free, otherwise round-trip tickets are available for \$10 (or a 09/10 winter season pass). No dogs on the lift.

Awards: Fastest adults (King and Queen), juniors (Prince and Princess), dogs (Dam and Sire) Birthday club – finish in a time less than your age for men and age plus 10 minutes for women and receive a cupcake.

Start: 9:15 am, start at the Danny On Trailhead in the Upper Village (near Hellroaring Saloon), runners/hikers with dogs will start at 9:25.

Awards: ceremony on Summit House deck immediately following the race..

Registration and Fees: First 50 registrants will receive a free water bottle. Pre-register by August or register day of 8:00 - 8:45 am at the Danny On Trailhead. Trailhead located in the Upper Village, next to the Hellroaring Saloon. \$10 per individual, \$20 per family, \$5 Juniors (16 and under)

Thank you Sponsors: Whitefish Mountain Resort, Hammer Nutrition, Sportsman & Ski Haus, Whitefish Animal Hospital and Stumptown Art Studio.

Name _____ Age _____ M _____ F _____

Address _____

City _____ State _____ Zip _____

Phone _____ Email _____

I hereby release and discharge Glacier Nordic Ski Team for any and all claims for personal injury. resulting from this event.

Signature _____ Date _____

Parent Signature _____ Date _____

Please mail form and check made out to GNST to:

GNST, PO Box 403, Whitefish, MT 59937 before August 19th.

OFFICE USE BIB NO:
CK CASH